



USE OF AMSLER GRID

Amsler grid should be used on a regular basis.

Look at grid 14 inches away with bifocal or reading glasses.

Test ONE EYE AT A TIME.

Focus on center dot. Can you see all corners?

Are all lines straight and parallel each other?

Does any part of the grid look twisted, wavy or crooked?

- If there are changes present, you should contact our office. A clinic visit is necessary to assess if there are any changes in the central area of the retina.

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